

Break

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE BAKERY	WAFFLES	PANCAKES & SYRUP	SAUSAGE ROLL	CROISSANT	CHEESE & BACON PUFF
PLANT BASED	VEGAN SAUSAGE ROLL	BEAN AND CHEESE MELTS	BEAN & HASH BROWN POT	TOMATO & CHEESE MELT	CHEESEY NACHOS
HOT BREADS & SLICES	CHEESE & BEAN WRAP	SAUSAGE BUN	EGG BACON & BEAN WRAP	CHICKEN & BACON WRAP	BREAKFAST POTS
	CHEESE & TOMATO FRENCH BREAD	BREAKFAST WRAP	HAM & CHEESE FLATBREAD	SPICY WEDGES	ROASTED TOMATO & MUSHROOM WRAP
SAVORY SLICES	CHEESE SLICE	HAM & CHEESE FRENCH BREAD	CHEESEY BAGEL	CHEESE & ONION SLICE	SAUSAGE BAPS
	BACON BAPS	BACON BAPS	BACON BAPS	BACON BAPS	BACON BAPS
ON THE SIDE	TOAST	TOAST	TOAST	TOAST	TOAST
FRESH FRUIT POTS	SELECTION OF FRUIT & DESSERT POTS	SELECTION OF FRUIT & DESSERT POTS	SELECTION OF FRUIT & DESSERT POTS	SELECTION OF FRUIT & DESSERT POTS	SELECTION OF FRUIT & DESSERT POTS



Fresh Fruit



Fresh Smoothie