the Conteen



MENU 1	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAK TIME	Various Pizza, Bacon/sausage baguettes, sausage rolls, hot bagels, Danish selection, topped waffles	Various Pizza, Bacon/sausage baguettes, sausage rolls, hot bagels, Danish selection, topped waffles	Various Pizza, Bacon/sausage baguettes, sausage rolls, hot bagels, Danish selection, topped waffles	Various Pizza, Bacon/sausage baguettes, sausage rolls, hot bagels, Danish selection, topped waffles	Various Pizza, Bacon/sausage baguettes, sausage rolls, hot bagels, Danish selection, topped waffles
MAIN MEALS	Chicken Goujons Toad in the Hole (V) Vegetable Toad in the Hole	Chicken Joe's x 2 flavours Hot & spicy Chicken Jumbo BBQ Chicken wings (V) Vegetable Fajitas	Theme Day	Chicken Korma or Tikka Beef Balti (V) Vegetable Balti	Chicken Burgers Hot Dogs Battered Cod (V) Vegetable Pizza Sticks or Halloumi Burger
SIDES	Salad Potato Spirals Gravy Peas/Carrots Baked Beans	Flatbread Sweetcorn Potato Wedges Salad Baked Beans		Naan Bread Rice/potato wedges Spinach Salad	Peas Chips Curry sauce Baked Beans
JACKET ΡΟΤΑΤΟ	Jacket potato with beans and cheese				
PASTA KING	1 x Meat & 1 x (V) Vegetable option	1 x Meat & 1 x (∨) Vegetable option	1 x Meat & 1 x (V) Vegetable option	1 x Meat & 1 x (V) Vegetable option	1 x Meat & 1 x (V) Vegetable option
COLD SECTION	Sandwiches & wraps mixed salads, Fruit pots & fresh fruit, Jelly, trifle, yoghurt granola, crudities & humous	Sandwiches & wraps mixed salads, Fruit pots & fresh fruit, Jelly, trifle, yoghurt granola, crudities & humous	Sandwiches & wraps mixed salads, Fruit pots & fresh fruit, Jelly, trifle, yoghurt granola, crudities & humous	Sandwiches & wraps mixed salads, Fruit pots & fresh fruit, Jelly, trifle, yoghurt granola, crudities & humous	Sandwiches & wraps mixed salads, Fruit pots & fresh fruit, Jelly, trifle, yoghurt granola, crudities & humous